Models of Experience in Practice: Frameworks in the Field

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Abstract
The plethora of theories in the field of UX can be highly relevant to practice. This paper discusses the successful use of seven theories in the evaluation of TAPT, an experience-oriented design method. Four models of experience and one discussion of working practice and UX were used for direct evaluation; two other theories drove the methodology of TAPT’s evaluation.

Keywords
UX, experience models, design, TAPT, theory, practice

ACM Classification Keywords
H5.2. Information interfaces and presentation (e.g., HCI): User Interfaces. User-centered design.

General Terms
Design, Human Factors.

Introduction
There exist many theories that are relevant to UX practice, from models of experience to contributions such as methodological frameworks. The use of such theories in practice is a straightforward task.

This paper describes Teasing Apart, Piecing Together (TAPT), an experience-oriented approach for
redesigning experiences and interactions for new contexts. After describing TAPT, the paper outlines seven theoretical frameworks used in its evaluation, then discusses the use of those frameworks.

**Teasing Apart, Piecing Together**

There exist many methods for understanding UX, from interviews and observation to experience prototyping [1], contextmapping [11] and cultural probes [6]. Teasing Apart, Piecing Together (TAPT) [8] – inspired by Dix’s concept of deconstruction and reconstruction [2] – is different in two key ways: first, it provides constructs for redesigning existing experiences, and second, it specifically aims to support understanding of emotional facets. Like contextmapping, it accesses deep knowledge about latent feelings.

TAPT falls into two halves, shown in **figure 1**. The first phase, Teasing Apart, involves a structured analysis of an experience or interaction: it yields an abstracted description of the experience, focused on emotional and social (not physical or digital) elements:

1. **Briefly describe the experience.** For example, if we were analysing photo-sharing on Facebook, we might write: "Facebook lets users upload and caption photos, which can be commented upon by the photo’s owner or others. Viewers can ‘tag’ friends in photos, linking photos with people."

2. **List the ‘surface elements’ of the experience.** These are nouns and adjectives relating to the design. E.g.: a somewhat complex photo upload process; the option to annotate images with text; the option to ‘tag’ images, indicating who is shown

3. **List ‘experienced effects’.** These are physical, social, intellectual and emotional. They are abstract nouns, noun/verb pairs and adverbs:

   - **External**: visible effects e.g. ‘share memories’
   - **Internal**: e.g. ‘anticipation of discussion’, ‘reminiscence’.

4. **Identify effects that seem especially important.** For example, ‘broadcasting visual information’, ‘openness’ and ‘reminiscence’.

5. **Describe the abstracted experience in a neutral sentence.** For example, mention ‘broadcasting’ data, not ‘playing’ it, as ‘playing’ implies an audio-visual mode. One might write of photo-sharing: ‘A way to share and annotate imagery from the user’s past; their audience can access and annotate that imagery.’

Piecing Together takes the output of Teasing Apart and uses it as a springboard for redesign via brainstorming, then building and checking a reconstructed scenario.

**figure 1**: TAPT involves analysing the experiential effects of an interaction, to redesign that interaction for a new context.
TAPT was originally developed to support software engineers in redesigning web-based social experiences (for example, using social networking websites) for new contexts (such as care homes for the elderly, or voice-only access). TAPT has been used to redesign various experiences including social networking, to evaluate newly designed systems, and to analyse digital social experiences.

**Theoretical Frameworks Relevant to TAPT**

TAPT underwent a three-phase evaluation: a comparative evaluation against current best practices (42 participants); an expert review of the outputs of that evaluation; and four case studies in which TAPT was used in academia and industry. In addition, TAPT was weighed using existing theories: four UX models and one set of factors from working practice. The methodology by which TAPT was evaluated was itself driven by two further frameworks. This section describes the theories and frameworks.

**Models and contexts of UX**

Four UX models were used to gauge TAPT, in addition to a set of factors from working practice:


**Evaluative frameworks**

Two evaluation frameworks drove the methodology:

Kitchenham [9] lists nine types of evaluation for Software Engineering tools and techniques (experiments, case studies and surveys – all of which may be qualitative or quantitative – qualitative screening, qualitative effects analysis, and benchmarking).

Fallman [3] gives criteria for rigour (validity, reliability) and relevance (addressing problems that are important to professionals; research that is usable, timely, understandable).

**Appropriation of these theories**

The UX models have varying, complementary foci: Forlizzi emphasises fluency and context, Hassenzahl and Mahlke consider hedonics, and Wright and McCarthy focus on ‘strands’ of experience and sense-making. The two evaluative frameworks are also complementary, focusing on methodology and rigour / relevance.

The UX models were used in varying ways. At times it was simply a case of noting if TAPT accommodated particular facets of a model. For instance, considering Hassenzahl’s model, TAPT is more focused on hedonic than pragmatic aspects due to its emotional focus. It was also possible to examine how TAPT fulfilled facets of a model. Taking McCarthy and Wright’s strands of experience, TAPT encourages exploration of an experience’s composition, identification of sensual and emotional facets, and is applied to specific experiences, situated in a time and place.
The evaluative frameworks provided a structured way to drive and assess TAPT's evaluation. Kitchenham’s nine evaluation methods helped guide that of TAPT. Fallman’s lens on rigour and relevance gave a structured way to aim at (and assess) the research’s efficacy in these areas: for instance, corroborating results helped show validity and reliability, while use of TAPT in the field demonstrated relevance.

Conclusions
TAPT is an experience-oriented method for redesign that has been successfully used in industry and academia. Its evaluation included three studies, but also a theoretically-based evaluation. Two more theories helped design (and assess) TAPT’s evaluation.

Using theory was not resource-intensive, yet yielded worthwhile results. The four UX models and Furniss’ usability contexts provided multiple perspectives that were helped assess TAPT’s efficacy, relevance and fit within the state of the art. Furthermore, Kitchenham’s framework of evaluation methods and Fallman’s discussion of rigour and relevance provided valuable tools by which to steer the evaluation process itself.

This paper described the use of theory to help evaluate an experience-oriented design method and to assess the methodology of that method’s evaluation. It can be seen that the use of these theories required no great labour: the theories were highly relevant, and their use was straightforward, low-cost and high-yield.

References